COVID-19 Exposure and Quarantine Recommendations
January 2022

What is Close Contact? The Centers for Disease Control and Prevention defines “close contact” with someone having COVID-19 as being within six feet of that person for a cumulative total of 15 minutes or more over a 24-hour period. Being in class with other students is generally considered close contact.

Situation: I was vaccinated within the last six months and have received a booster, and I have been in close contact with someone who has tested positive for COVID-19.

Recommended Guidance: There is NO need to quarantine. If you develop symptoms, stay home, and get a test.

Situation: I was vaccinated within the last six months and have NOT received a booster, and I have been in close contact with someone who has tested positive for COVID-19.

Recommended Guidance: There is NO need to quarantine. If you develop symptoms, stay home, and get a test.

Situation: I was vaccinated over six months ago and have NOT received a booster, and I have been in close contact with someone who has tested positive for COVID-19.

Recommended Guidance: Quarantine for five (5) days after your last contact with the individual(s). Notify your instructor(s). Get a test and notify your instructor(s) if you have a positive test.

Situation: I am unvaccinated, and I have been in close contact with someone who has tested positive for COVID-19.

Recommended Guidance: Quarantine for five (5) days after your last contact with the individual(s). Notify your instructor(s). Get a test and notify your instructor(s) if you have a positive test.

Situation: I have tested positive for COVID-19.

Recommended Guidance: Stay home and isolate for five (5) days. If you have no symptoms or your symptoms are resolving (no fever for 24 hours) after 5 days, you can return to class.